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Tadasingsi ko riyar

Nano kaemangan tahato'as, tadamaolahay kako tona hekal a tamdaw, maolahay to kakarayan ato riyar; maolahay to lotok ato 'alo; maolahay to kilang ato rengos; mangalef maolah to fangcalay macelakay to a hana, onini a hekal samatiya sa o misahaccaccayan a micoka, matiya o nika langdaw no kakarayan ira ko tomiri'ay a kadit, o soni no tapelik i riyar, o manmaan a kilangan mataliyok no lotok, mapalidong no tata'akay a kilang ko rengos. Nengneg han ko kahacecay no nicokaan awaay to ko kasicowaan caayay to ko mamatawal. nawhani, o fangcal ningra samatiya sa o pasifana'ay a singsi pakafana' to sakino tamdawan i 'orip no mako.

O riyar hananay matiya o wina awaay ko pilongoc saheto o paini ko faloco' a tahada'oc, kalomanmaan haemin sa a micapopo caayay kapili' ko faloco', o nanom no tarawadaw ato 'alo masa'opo i riyar, halo naikoran no faliyos pinaseri' o cikacik, pinafalah a lakaw, o fangclay o tati'ihay caay kasaan haemin sa micapopo, halafin to mapaseta' to no tapelik, maleneng to ko malenengay, mapawpaw to ko mapawpaway, o tati'ihay to mapatalahekal, matiya to o pasifana'ay to tamdaw lohaken ko faloco' namo a micapopo, o manmaan a demakan i, i'ayawen ko pihapinang, misilsil ato

maherek to misaharateng, ta itiyaen to miketon ko faloco' samaneng a mireko ko tati'ihay a demak.

Matiya o damsayay a ina ko riyar sato i, roma i pakatar sa patahekal to keter no faloco', nika ira ko milifetay nira misi'ayaw to kalihenawan no faloco', ano masamaan i kinatahtah sa ko faloco' a paini, matiya to o pisi'ayaw to tati'ihay a romi'ad, o toli'i no faloco' salolod salolod han nira ko tapelik, patahekal to 'osi no faloco' nira, nika onini i o pitodod to kafalic no romi'ad, todongay to pidipot nira to wawawawa. matiya to o pasifana'ay kitanan o tamdaw, aka katalaw misi'ayaw to masamaanan kada'atan ato pilifet to masamaanay.

I ka'ayaw no riyar, o lipahakay o lahoday kako, ano masamaan tati'ih fangcal ko faloco', o karahekeran o kararoman maemin sapa'isalan pakafana' to riyar, nawhan, o sacalowayay tona hekal malasingsi no mako cingra, o roma i, o tadasafangcalay tafalahan no faloco' no mako cingra, caayay pi'osi songila sa mitengil to pa'isal ako to kahemekan, kaketeran, kararoman, ka'acangan, o safangcalay a radiw, damsayay a pihinom, caay pitolas a pa'icel, aray mato o ina kiso o riyar caayay pisateked a midipot.

海洋教育家

從小，我是個愛好自然的人，我喜歡天空、大海、高山、小河、樹木、小草，也喜歡花朵。大自然就像一副美麗的畫作，每一幅畫都美麗的讓人難以忘懷。我最喜歡的就是大海，它不但美麗更像個老師教導了我很多人生的道理。

海洋像母親無悔的付出，有寬大的胸襟與包容，大河小溪最終都匯集於大海，就連颱風過後的土石流和漂流木群，甚至是可怕的垃圾堆，無論是好是壞都承受，就像在教導人們心胸要包容，經過分析及思考過後再處理不好的事情。

海洋有時也會展出身為母親的怒容，面臨惡劣天氣，也會憤怒的捲起浪花，在波濤洶湧的表面下，努力的讓海底下保持著平靜，就像教導人們要勇於面對任何困難和考驗。

在大海的面前，我是輕鬆、快樂的，除了是最厲害的大自然教師，也是最棒的心靈垃圾桶，總是默默的聽我分享喜、怒、哀、樂，總是用最美的歌聲，溫柔的安慰、鼓勵著我，感謝大海媽媽無私的照顧。